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BRINGING BACK LA MARQUETA

Community. Activists and city leaders are trying to revive La Marqueta, an area of shops that runs under the subway between 111th and 116th streets that was once a cultural hot spot. **PAGE 02**

A salsa band plays for a crowd in front of La Marqueta on 116th Street. / AARON ADLER, METRO

**Michael Fassbender
gets 'Frank' with us
on his latest film**

PAGE 20

**Meet the man
who covers all of
the best-sellers**

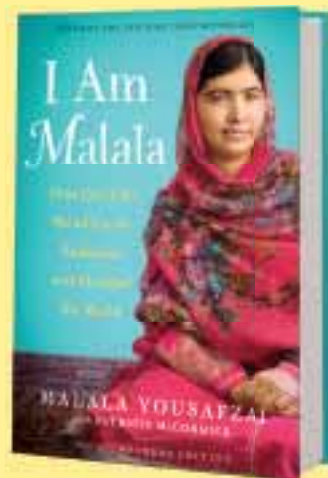
PAGES 22-23

**Dita Von Teese is
giving maternity
a sexy makeover**

PAGE 26

*Her bravery
inspired the
world.*

*Her words
will inspire a
generation.*



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—Malala Yousafzai (Nobel Peace Prize nominee)

1 NEWS

Quote

"The way to express the desire for change is through peaceful means."

Mayor Bill de Blasio on the upcoming Saturday protest at the site where Eric Garner died

Top 3

Trending online at Metro.us

1 'Watch Kevin Spacey prank call Hillary Clinton for Bill's birthday'

2 VIDEO: Ferguson police load Mike Brown's body into SUV (Graphic)

3 'Miss Texas delivers new worst first pitch ever'



La Marqueta looks to past for future

East Harlem.

Community leaders seek to rebuild a cultural cornerstone of the neighborhood.

Piles of once neatly stacked fruits and vegetables on stands were scattered under the Metro North tracks at Park Avenue and 116th Street one Thursday afternoon in early August.

After years of struggle, La Marqueta was abuzz with an energy scarcely seen at the East Harlem marketplace that older residents remember as a hub of local commerce.

At a podium adorned with radishes, City Council speaker Melissa Mark-Viverito committed to make La Marqueta great again with support from the state and a \$3 million commitment from the council for infrastructure work.

"Over the years, many have questioned whether La Marqueta had enough oomph to rise to its glory of yesteryear," she told reporters. "We're here today to ... deliver a resounding yes."

One week after the announcement, the few vendors who remain at La Marqueta wondered why this promise is different than ones in 2011 or 2009.

"It was false advertising," vendor Aurelia Velez, 73, said of the August 7 event. Velez and her husband set up shop at La Marqueta in 1971, when the marketplace spanned between 111th and 116th streets inside five buildings



Locals salsa dance to a live band in the bandstand area of La Marqueta on a Saturday afternoon. / AARON ADLER, METRO



Visit Metro.us to read more about the effort to revive La Marqueta.

under the tracks.

When Velez Groceries opened, La Marqueta was a center of the Puerto Rican culture of El Barrio.

Most recently, the space became a hub for first responders and survivors after two apartment buildings exploded one block away in March.

"We can't get La Marqueta to what it was," Mark-Viverito told Metro. "We're just looking for it to be a

central space for the community where people can come together, engage and socialize."

With money allocated by the Council, the New York City Economic Development Corporation — which operates La Marqueta — plans to invest in repairs and construction to attract new vendors.

The EDC also helped reopen La Placita, the plaza in front of La Marqueta, for public access, soon with free WiFi, with regular events curated by a local nonprofit. The EDC's Kate Blumm said that all of these changes will add up.

"Some of this work will be visible to passersby and some won't—but all of it will help maximize La Marqueta's great potential to be a community cornerstone and commercial hub

Glory days

"We're just looking for it to be a central space for the community where people can come together, engage and socialize."

Mark-Viverito

once again," she said.

Jose Rodriguez, 61, opened his produce stand at the market two years ago, but recalled shopping at the old La Marqueta.

"People want the old La Marqueta experience," he said. "We'll see what happens this time."

CHESTER JESUS SORIA
@chestersoria
chester.soria@metro.us



A performance at the Met
GETTY IMAGES

Manhattan. Met reaches deal with unions to avert a lockout

The Metropolitan Opera reached tentative contract agreements on Monday with unions representing its orchestra and chorus, federal mediators said, after negotiations that threatened to derail the new season due to open next month.

"These were difficult and highly complex negotiations, and I wish to commend the parties for their resolve in addressing multiple and complex issues," said Allison Beck, deputy director of the Federal Mediation and Conciliation Service.

The agreements with Local 802 of the American Federation of Musicians and the American Guild of Musical Artists, were reached "after many hours of intense negotiations," Beck said.

The terms were not disclosed. **REUTERS**

Harlem

Cops on hunt for double homicide suspect



Memorial to drive-by victims / GETTY IMAGES

New video released by authorities shows the suspect who police said killed two men in a drive-by on Sunday.

Investigators think the man in the video was responsible for the deaths of Kenny Jimenez, 21, and Francisco Mercedez, 29.

Both men were in front of a 24-hour corner deli only steps away from Jimenez's home.

Jimenez died at the scene. Mercedez passed away after paramedics took him to Harlem Hospital Center.

The suspect caught on camera is described as a Hispanic male last seen wearing a short-sleeve, gray hooded sweatshirt, a black T-shirt, camouflage shorts and white sneakers.

He is thought to have driven a white Nissan Altima with darkly tinted windows to and from the crime scene.

CHESTER JESUS SORIA

Manhattan

Model missing since early August

Sudanese high-fashion model Atai-Deng Hopkins has been missing since Aug. 6, police said.

The 22-year-old was last seen close to midnight on Aug. 6, around the XVI Lounge at 251 West 48th St. in Manhattan.

Deng's boyfriend, with whom the model shared a Lower East Side apartment, told the New York Post he has not seen her since she left the club that night.

Anyone with information should contact 1-800-577-TIPS.

KHRISTINA NARIZHNAYA



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It's the summer of 1944 and a weathered U.S. sergeant is walking in Rome only days after the Allied Liberation. There is a joyous mood in the streets and this tough soldier wants to remember this day. He's only weeks away from returning home. He finds an interesting timepiece in a store just off the Via Veneto and he decides to splurge a little on this memento. He loved the way it felt in his hand, and the complex movement inside the case intrigued him. He really liked the hunter's back that opened to a secret compartment. He thought that he could squeeze a picture of his wife and new daughter in the case back. He wrote home that now he could count the hours until he returned to the States. This watch went on to survive some

harrowing flights in a B-24 bomber and somehow made it back to the U.S. Besides the Purple Heart and the Bronze Star, my father cherished this watch because it was a reminder of the best part of the war for any soldier—the homecoming.

He nicknamed the watch *Ritorno* for homecoming, and the rare heirloom is now valued at \$42,000 according to *The Complete Guide to Watches*. But to our family, it is just a reminder that nothing is more beautiful than the smile of a healthy returning GI.



The hunter's back

The *Ritorno* watch back opens to reveal a special compartment for a keepsake picture or can be engraved.

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Manhattan

Commissioner named for Veterans' Affairs

United States Army
Brigadier General Loree
Sutton has been tapped to
head the Mayor's Office of
Veterans' Affairs.

"From finding housing to seeking earned health benefits to securing a job, the transition from military to civilian life can be extremely challenging, and I look forward to helping our city's veterans navigate this path," Sutton said on Monday. Sutton

has served in the military for 20 years as a soldier — on deployments to Iraq, Kuwait and Saudi Arabia — and as a psychologist in positions including commander of the Carl R. Darnall Army Medical Center at Fort Hood.

KHRISTINA NARIZHNAYA



SUTTON
OFFICE OF MAYOR

East Harlem

Livery cab kills bicyclist

A bicyclist was struck and killed in East Harlem by an unlicensed livery cab driver on Monday.

Jerrison Garcia, 25, was traveling south on Park Avenue at 5:15 a.m.

when the cab made a left turn onto East 108th Street and hitting him, police said.

Police arrested the cab driver, Nojeem Odunfa, 65, on charges, that included driving without a license.

KHRISTINA NARIZHNAYA

Making the most of your time. A budding fashion designer forgoes sleep to pay the bills

SECOND SHIFT

Creative ways city dwellers make ends meet

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LAURENCE**
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have a story to tell:
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Your goal is to focus on your fashion line, and you're working as a temp to make ends meet in the meantime. What is your schedule like?

I have a background in accounting, so the temp agency bounces me around between several companies and I do their accounting. The hours are basically 10 a.m. to 6 p.m. I work on my fashion line when I get home from work and on the weekends. ... I guess you can say I'm busy! I try to go to bed before 2 a.m. and then I usually wake up around 6:30 a.m.

Stats

**Jenny
Vi Dizon**

Age: 33
Residency: Harlem
Lives with: 2
roommates
Number of jobs: 2

How is that possible?

I think you can train your body, to an extent. When I was an accountant, during tax season I would work 60 hours a week, not counting my personal clients, so for four months I consistently only got about three hours of sleep a night. On the weekends I would sleep for eight hours.



Jenny Vi Dizon usually gets by on three or four hours of sleep per night. / SARA JOHNSON PHOTOGRAPHY

Are you getting to the point where you can sell your designs on your site?

Yes. I'm getting to that point and have been looking into manufacturing. My strength is sewing because I've been doing it since I was 5, but I realized I can't sew everything myself. I think sewing will be for my super-high clients and then the manufacturing will be for retailers.

Are you able to save money from temping?
Right now, I'm just mak-

ing ends meet because my husband is still in Arizona and we are paying two rents. He's the director of the Food Bank there and is applying for jobs here, but our Arizona lease is up in April, so he may have to move here without a job. He's been really supportive of me, and I realize how lucky I have been in life and in love. We've been together for 13 years. It's actually the main inspiration for my line. I'm calling it *Lucky In Love* because I feel really lucky.

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Holland America Line 7-Day Europe \$689* Crew Only: \$789* Guest: \$1579*	Celebrity X Cruise 11-Day Europe \$799* Crew Only: \$999* Guest: \$1499*	TREK 7-Day S. America \$501* Crew Only: \$569* Guest: \$779*	NORWEGIAN 7-Day Bermuda \$609* Crew Only: \$629* Guest: \$719*

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New Williamsburg Starbucks to serve booze for hipsters

Brooklyn. The store has applied to sell wine and beer.

Starbucks is not just for coffee anymore, at least not in the hipster enclave of Williamsburg.

The neighborhood's second Starbucks, slated to open on N. Seventh Street, has applied for a liquor license and hopes to become one of the few Starbucks stores across the country that serve wine and beer, a spokesperson confirmed.

"We're considering a variety of offerings for our upcoming location in Williamsburg, including wine and beer. We have filed for a liquor license," a Starbucks spokesperson said.

The new store may also serve an exclusive "reserve" coffee at its new store as well.

The first Starbucks in the neighborhood started serving customers in the artsy neighborhood last month.

KHRISTINA NARIZHNYA
@MetroNewYork
letters@metro.us



Williamsburg residents will be able to get a hot coffee and glass of wine at the new store. / GETTY IMAGES

Welcome to the neighborhood

Despite protest from some locals, the Seattle coffee company opened its first Williamsburg location last month on the ground floor of a luxury building on Ainslie Street.

- Thirty of the chain's 20,000 — plus locations serve alcohol in the Chicago, Seattle, Portland, Los Angeles, Atlanta and Washington, D.C., areas.

Manhattan. Speaker tells of HPV diagnosis

New York City Council Speaker Melissa Mark-Viverito took to social media on Sunday evening to disclose she was diagnosed with a high-risk sexually transmitted disease that sometimes leads to cancer.

The East Harlem leader said she underwent a gynecological exam on Friday, after which she tested positive for high-risk human papillomaviruses, or HPV, a common sexually transmitted disease.

She said she planned to be back in the doctor's office this week.

"Our health should never be compromised," she tweeted. "Annual physicals have to be sacred. Yet our



Melissa Mark-Viverito
WILLIAM ALATRISTE

health care system doesn't lend itself to this for many."

According to the city's Health Department, about 79 million Americans have HPV infection.

CHESTER JESUS SORIA

Queens

Man killed in Ridgewood hit-and-run

A Queens man died early Monday after police said he was struck by a car in a hit-and-run in Ridgewood.

Cops said they arrived at Fresh Pond Road at 2:52 a.m. to find 32-year-old Karol Grzegorzczak in the middle of the two-lane roadway.

Investigators believe that Grzegorzczak was crossing the street when a moving car struck him and took off.

No arrests were made as of Monday.
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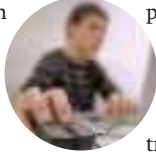
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Hacking. US patient data stolen in cyber attack from China

Community Health Systems Inc., one of the biggest U.S. hospital groups, said on Monday it was the victim of a cyber attack from China, resulting in the theft of Social Security numbers and other personal data belonging to 4.5 million patients. That would make the attack the largest of its type involving



patient information since a U.S. Department of Health and Human Services website started tracking such reaches in 2009.

The previous record, an attack on a Montana Department of Public Health server, was disclosed in June and affected about 1 million people. **REUTERS**

USDA

Cost of raising a child in US tops \$245,000

An average middle-income family in the United States can expect to spend about \$245,000 over 18 years to raise a child born in 2013, the U.S.

government estimated on Monday.

The Department of Agriculture's annual "Cost of Raising a Child" report showed costs — which reflect food, housing, childcare, education and other expenses — were up about 1.8 percent from 2012. **REUTERS**

Autopsy shows police shot Brown six times

Ferguson. The Brown family and protesters have called for the shooting officer's arrest for days.

An unarmed black teenager whose killing by a white police officer has set off a week of protests and rioting in Ferguson, Missouri, was struck by at least six bullets, a lawyer for the deceased's family said on Monday.

The path of one bullet indicates 18-year-old Michael Brown may have been lowering his head in surrender when the fatal shot hit, said Daryl Parks, the family's lawyer.

Many details surrounding the shooting remain unclear, and federal and local officials have yet to release their own autopsy report.

Parks said the autopsy



Dr. Michael Baden points to an autopsy diagram showing where the shots hit Michael Brown. / GETTY IMAGES

Quoted

“His head was in a downward position. ... Given those kind of facts, this officer should have been arrested.” Parks

results clearly showed that the police officer who killed Brown should be arrested. He presented the results at a press conference showing that one bullet hit Brown in the "very top of his head" and another that

struck his head exited near
his eye.

St. Louis County Police spokesman Brian Schellman did not respond to a query about why Officer Darren Wilson, 28, had not been arrested. The depart-

ment is running a parallel investigation to one by the U.S. Department of Justice, which is evaluating the shooting for civil rights violations.

Police have said Wilson said Brown reached into a patrol car and struggled for his service gun when Wilson fired the initial shot.

The National Guard was deployed on Monday to try to restore calm to the area.

REUTERS

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WikiLeaks. Assange hopes to exit London embassy if UK lets him

WikiLeaks founder Julian Assange, who has spent over two years in Ecuador's London embassy to avoid a sex crimes inquiry in Sweden, said on Monday he planned to leave the building "soon," but Britain signaled it would still arrest him if he tried.

Assange made the surprise assertion during a news conference alongside Ecuador's Foreign Minister Ricardo Patino. But his

spokesman played down the chances of an imminent departure, reportedly for health reasons, saying the British government would first need to revise its position and let him leave without arrest, something it has refused to do.

The 43-year-old Australian fled to the embassy in June 2012 to avoid extradition for questioning in Sweden over sex assault and rape allegations, which he denies.

REUTERS

Quoted

"I am leaving the embassy soon ... but perhaps not for the reasons that Murdoch press and Sky news are saying at the moment."

Assange told reporters



ASSANGE
GETTY IMAGES

Liberia hunts Ebola victims who escaped

Safety. Police await protective clothing before returning to the shantytown.

Liberia struggled on Monday to track down 17 suspected Ebola carriers who fled quarantine over the weekend, while the U.N. health agency urged affected West African nations to screen all departures in a bid to contain the worst outbreak of the virus.

In the Liberian capital Monrovia, police awaited a consignment of protective equipment before redeploying to West Point — a sprawling ocean-front shantytown — to reopen a quarantine center attacked by a rock-throwing crowd on Saturday, allowing patients, who had been isolated, to get away.

"We are very, very concerned about the situation," Information Minister Lewis



UNICEF health workers walk through the streets, going house to house to speak about Ebola prevention. / GETTY IMAGES

Quoted

"We are very, very concerned about the situation."

Lewis Brown, information minister

Brown said, adding that 17 patients were still missing from the center, which was thoroughly looted.

With its health care

system and government infrastructure struggling to cope, Liberia has been the country hardest-hit by the highly infectious and incurable disease, which has killed 1,145 people in four West African countries.

Officials and health-care workers met community leaders in West Point in an effort to reopen the converted school.

REUTERS

Iraq

Kurds claim capture of strategic dam

Iraqi Kurdish forces said they recaptured Iraq's biggest dam from Islamist militants on Monday, as the United States launched air strikes to secure what has become a vital strategic objective in fighting that threatens to break up the country.

An employee at the site, however, said Islamic State fighters still held the Mosul Dam, giving them control over power and water supplies and where any breach of the vulnerable structure would threaten thousands of lives.

U.S. fighter, bomber and drone aircraft took part in the strikes on Islamic State positions near the dam, the Pentagon said. The strikes damaged or destroyed six armed vehicles, a light armored vehicle and other equipment.

REUTERS

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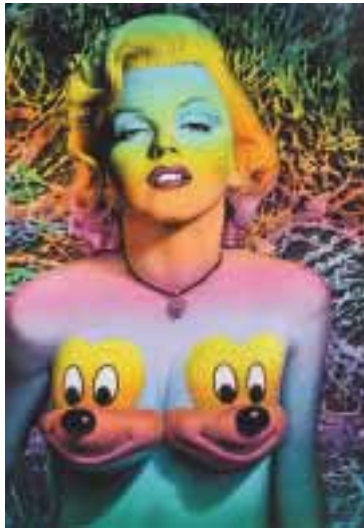


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Tuesday, August 19, 2014

NEWS 8

Zoom



RON ENGLISH

Pop culture looks deadly

Cheating death is a conundrum no one's cracked, but U.S. artist and culture-jammer Ron English believes art might just be the answer (kind of). English, dubbed the "Godfather of graffiti art" and a precursor to Banksy, reflects on his dance with death in a new book "Death and the Eternal Forever" by Korero Press. "Before I was an artist I was a bit of a thug, so I have been shot at with handguns on two occasions. Thankfully, it's hard to hit a moving target," said English. **MWN**

Artist's view

"Street art is popular because it is on the streets. It's about accessibility. If you want to get hit by a car, go stand in the road."

Ron English



Hunters

1,000-pound gator snared in Alabama

Hunters in Alabama snared an alligator weighing more than 1,000 pounds, the largest ever caught in a legal hunt in the state, conservation officials said on Monday.

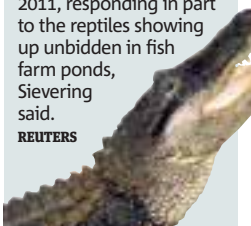
The alligator, caught with a snare hook in a southern Alabama state park early Saturday, was so heavy it required a backhoe to hoist it onto a scale, said Mike Sievering, a state wildlife biologist who supervised the hunt.

"He was an eyeful, I'll say that," Sievering said.

The alligator, which weighed 1,011.5 pounds and measured 15 feet long, was more than 100 pounds heavier than the previous state record holder, he said.

Alabama began allowing alligator hunts in 2011, responding in part to the reptiles showing up unbidden in fish farm ponds, Sievering said.

REUTERS



OMG! A new website serves up the most 'Quotacle' movie lines

"If you build it, he will come" — the famous words from silver screen classic "Field of Dreams" could well be the mantra for a new website that turns famous movie quotes into GIFs. Quotacle — the brainchild of developer Bill MacDonald — has 250,000 lines of dialogue from 143 popular movies such as Harry Potter, Star Wars and Lord of the Rings, among more obscure flicks such as "The Hitchhiker's Guide to the Galaxy." Metro chats with the founder about the new "bible" for film nerds.

Why did you come up with this tool?

I first thought about Quotacle when my friends quoted a movie I hadn't seen yet. Then I realized that there was no way online for people to search only movie quotes and watch them, so I decided to make it for me and for others.

Why do you think some quotes become so famous?

I believe a lot of quotes are famous because of the way we remember the scenes in the movie from

just that one quote. When I hear "I am your father," from "Star Wars: The Empire Strikes Back," I automatically think of the scene of Luke Skywalker dangling off the edge, with Vader trying to convince him to join his side. Memorable quotes must come from memorable scenes.

Can people access Quotacle even with little info about the movie?

Users do not need to know the name of the movie to search for a quote, making it rather flexible. The search is pretty smart since you can search any line of dialogue in a movie.



Visit us online at
Metro.us/omg for
more interviews.

The biggest problem is that there are still only 155 movies in the library.

How many movies are you uploading right now?

Right now, I [add] about 10 movies per week, so [it should] have 250 movies in a few months. **MWN**



The database, which is currently in Beta, shows users the precise citation, the movie's name, where it can be purchased and a video clip that can be turned into a downloadable GIF. / QUOTACLE

Space walk. Cosmonauts leave space station for satellite launch

Russian cosmonauts began their workweek on Monday floating outside the International Space Station to toss out a small satellite for a university in Peru, install science experiments and tackle some house-keeping chores.

First out of the hatch was cosmonaut Oleg Artemyev, who stood on the ladder outside the station's Pirs air lock to release a 2.2-pound, 4-inch cube-shaped satellite built by students at the National University of Engineering in Lima, Peru.

Video broadcast on NASA TV showed the satellite, called Chasqui-1, tumbling away from the back of the station as it sailed about 260 miles above the southern Pacific Ocean.

The solar-powered spacecraft, whose name means "messenger" in Incan, is outfitted with visible and infrared cameras to take pictures of Earth and sensors to measure



A cosmonaut works outside the International Space Station. / NASA

Space Station

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The \$100 billion research laboratory for materials and life science experiments, technology demonstrations and other microgravity research is a partnership of 15 nations that has been occupied by rotating crews of astronauts and cosmonauts since November 2000.

temperature and pressure as it orbits.

Artemyev was then joined by spacewalker Alexander Skvortsov to

install a European package of experiments to the outside of the Russian Zvezda module. The experiments include biomaterials and extremophiles, which are organisms that can live in extremely hostile environments.

Scientists hope to use information about how the organisms fare in the highly radioactive and extreme temperatures of space to devise life-detection techniques for future robotic Mars missions.

REUTERS

Painful Varicose Veins?

Now is the time to take care of it! Varicose veins are MORE than just a cosmetic problem. They can also be a warning sign of a condition called Venous Insufficiency that kills over half a million people every year.

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Reasons to invest in a trip to Italy

I've been to nearly 100 countries, but Italy is by far one of my favorites. Here are three reasons why you must visit:

Food and wine

My weight goes up and down so much I'm like a less-funny Jonah Hill, and the blame can be placed squarely on my frequent trips to Italy. But it's worth it. Italian food is very simple and natural, and whether you're a seafood lover, meat eater or even vegetarian or vegan, there's something on every restaurant's menu for you and it's all delicious thanks to refined-over-time family recipes and the quality of the local ingredients.

In the past few days I've had impossibly perfect breads and pastries, healthy grilled vegetables and salads, plus spaghetti al dente with buttery and garlicky clams. The list just goes on. And I've washed it all down with vast quantities of tasty and refreshing glasses of wine from various regions all over Italy. This is a fat person's heaven, so I'm indulging.

People and history

Rome, Venice and Florence all have grand histories, so the museums and architecture are truly magnificent, but the local people of Italy are some of the friendliest

Up: Ever since I treated my dad to front-row World Series tickets last year, I can't help but admire David Ortiz who, despite his age, keeps proving himself.



Down: The situation in Ferguson shows racism and race-related anger is alive and well, which is very sad. Somehow I thought we'd evolved past this.



and most accommodating in the entire world. After all, despite their past power and influence, this country now relies on tourism. So by being a tourist, you're getting the best of what they have to offer.

I'm a history buff, so walking through the Roman Forum and Colosseum, seeing the Medici family treasures, canals of Venice, grand castles, villas and piazzas inspires me to no end, but the countryside and coastal towns are even more charming.

Attitude

Unlike other countries that are known for their food and history, Italians are truly

For exclusive commentary, visit Metro.us/blogs.

welcoming to tourists, especially Americans. They take the phrase "When you're here, you're family" to heart. And I'm not talking about a cheesy restaurant slogan; nearly every single person I've encountered from hotel owners to shopkeepers, bartenders, artists and locals have embraced this message. They truly love their country and want to share it with the world.

Outside of a few key food phrases, I don't even speak the language, but everyone is so helpful. This is my 12th trip to Italy, but surely not my last.

What he's into this week

New rumored photos of the iPhone 6 tease all sorts of new features, my favorite being wireless charging. Fingers crossed!



THEWIKIMAG.COM

Every single meal I've had here in Italy has been incredible. I must have gained 10 pounds in a week so far, mamma mia!



The U.S. stock market is strong again, and while we're heading into a dangerous time of year, if there's no drop, we should see some serious spiking.

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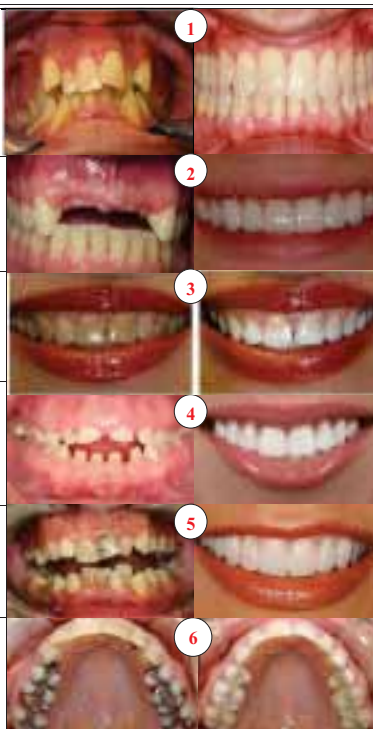
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- The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen most of the time.
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- My feet just hurt all over when I stand or walk a lot.
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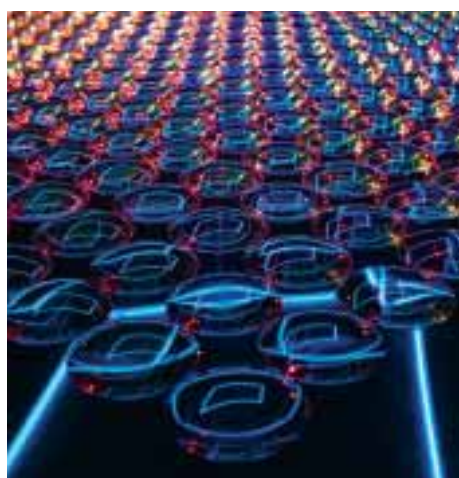
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If you're looking for a different kind of creativity, come to a drawing or painting studio—we have classes for absolute beginners and for people who want to take their talent to a higher level. Intermediate and advanced courses include Figure Drawing, Portrait Drawing, Illustration and Color Theory, as well as watercolors and

acrylics. Try your your hand at Calligraphy. Digital photography can now put incredible possibilities into your hands. If you're already an accomplished photographer, Photoshop is the next level for you. You can use a mix of media and techniques in a collage class—the elements are limited only by your imagination.

If you want to record your experiences a different way, *Writing New York Stories* might be just the push you need to get your imagination onto paper. It's a course that goes well with our art gallery tours on Saturday mornings.

See our course listings at cooperunion.augusoft.net or call our office at 212-353-4195.

We'll also be happy to send you a printed catalog. Courses start in late September. We guarantee to excite your imagination.



The Manhattan Educational Opportunity Center



Manhattan Educational Opportunity Center, MEOC, serves thousands of residents of New York City by providing college preparatory and career and technical training for skilled and semi-skilled occupations as well as job placement services for all enrolled students – at no cost!

Graduates from the MEOC move into jobs in various sectors including healthcare, business, government and non-profit organizations. Graduates are accepted into post-secondary institutions including the City University of New York, State University of New York, public and private colleges.

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We also provide robust Allied Health programs including Home Health Aide, Certified Nursing Assistant and Electronic Health Records. The Home Health Aide program provides students with basic patient care required to assist homebound, disabled and elderly individuals. Certified Nursing Assistant offers students the skills needed to care for individuals in nursing homes under the supervision of nursing and medical staff. The Electronic Health Records program provides students with skills needed to work in hospitals, clinics, medical and physicians' offices. For all Allied Health programs, students are interviewed as part of the selection process and participate in an internship to gain everyday work experience. All MEOC programs are at no cost (based on eligibility requirements). Job placement assistance is available for all MEOC students upon completion of programs.

All prospective students must attend one of our Information Sessions. For more information about MEOC programs, services, the enrollment process or information sessions, please call either **212-961-5812** or **212-961-4400**. You can also visit www.man.eoc.suny.edu



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If you or someone you know is interested in achieving more fluent and accurate English language skills, Fordham University's Institute of American Language and Culture (IALC) is now registering students for English as a Second Language (ESL) courses to take place in the Fall 2014 semester. Classes begin September 8, 2014 and end December 12, 2014.

The IALC offers a challenging learning environment for students who want to improve their English for academic, business or social purposes. The IALC's highly qualified and experienced faculty integrates all language skills with the use of grammar in context. American culture is an essential component of each course. For students at the advanced level, the curriculum features a wide variety of subject-based courses.

The IALC specializes in preparing non-native English speakers for study in an American university classroom. Many IALC students apply to and enroll in Fordham's undergraduate or graduate programs during or shortly after completion of their English language studies at the IALC.

Jose Matos, an IALC alumnus from Venezuela and a senior in Fordham's College of Professional and Continuing Studies states of his experience at the IALC, "Without all the knowledge I gained from my ESL courses, I would not be a university student. My time at the IALC gave me the confidence to speak up in the classroom – both with my classmates and professors."

Fordham's attractive Lincoln Center campus is conveniently located near Columbus Circle, major subway lines, and cross-town buses. IALC students have the opportunity to experience a variety of cultural activities, to participate in a language exchange program with native-English speaking Fordham University students, and to attend academic workshops (grammar, pronunciation, and conversation) all at no additional cost.

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Long Island Business Institute, founded 1968, with campuses located in Flushing Queens and Commack, Long Island, is pleased to announce the establishment of a downtown Manhattan Extension Site, located at 408 Broadway, just south of Canal Street.

Offering Associates degrees and certificate programs and serving a community of over 1000 students, LIBI offers programs including Homeland Security and Security Management, Court Reporting, Elder Care, Digital Marketing, Hospitality Management, Office Management, Accounting, Business Management and ESL. Students have the opportunity to transfer to four-year colleges in the New York City area and the Northeastern region, as a result of LIBI's formal agreements with multiple notable colleges and universities. Students will have access to the convenient Tribeca location as well as both the Queens and Long Island Campuses.

President Monica Foote of LIBI, who spearheaded the establishment of LIBI's first Manhattan location, notes "the launch of an LIBI site in Tribeca, a crossroads of the financial and cultural heart of New York City, is the logical next step in the evolution of LIBI, which has focused on providing cutting-edge and in-demand career education". College chairman Leon Lee states "the competitive programs we have offered at LIBI for over four decades are aimed at an underserved population, the career-minded student, and tailored to the needs of the New York City business and

legal community, homeland security, and the growing elderly population. As we are closely aligned with these communities, we know that now is the appropriate time to establish a presence in Manhattan." LIBI is entering the New York City financial district, filling a much-needed vacancy in quality post-secondary career education.

The mission of LIBI has been to provide affordable, high quality post-secondary education, which is especially needed in the current environment. Professors are typically practitioners, with extensive experience in their fields, a factor which LIBI's administration feels differentiates the value of an LIBI education from a job placement standpoint. The emphasis on the transferability of an LIBI education either directly to the business world or to areas of further post-secondary education is a further differentiator: student choice at the end of his or her LIBI education is a major factor in students choosing to enter LIBI. The convenience of a downtown Manhattan location will be another strong draw and a further benefit to students.

LIBI offers generous scholarships and financial aid to students who qualify. In addition, LIBI offers membership to qualified students in the Alpha Beta Kappa National Honors Society. LIBI is accredited by the Accrediting Council for Independent Colleges and Schools (ACICS), one of the oldest and largest national accrediting bodies in the United States.

THE WORD

Ned Ehrbar takes on the world of gossip.

NED EHRRBAR
@Nedrick
ned.ehrbar@metro.us



More on J-Law and C-Mart

We can call Coldplay singer Chris Martin C-Mart, right? No? OK, maybe it does sound weird. Anyway, if you're like me, you're probably still confused about the whole Jennifer Lawrence dating Chris Martin thing. Lucky for us, The Sun is on the case, getting word from an anonymous source that Martin digs Lawrence because she's the opposite of Gwyneth Paltrow. And this source doesn't pull any punches: "Jennifer is loads of fun and they can't stop laughing when they are together. Chris feels he is dating someone who has everything he's

been missing out on in the past 11 years," the source says. "Jennifer doesn't take herself too seriously, and when she is not filming she just wants to hang out and have a good time." But here's the thing: There isn't one person on the planet wondering why he would be attracted to her! She's Jennifer Lawrence, case closed. You got an anonymous source to explain the other half of the equation?



We understand why Chris Martin digs Jennifer Lawrence, but still aren't quite clear on how it works the other way around. / ALL PHOTOS GETTY IMAGES

Xtina gives birth to baby with XX chromosome

No, that's not some sort of disease, it was just a cleverish way of saying that Christina Aguilera gave birth over the weekend to a daughter, her first with fiancé, Matt Rutler. Aguilera later took to Twitter to reveal the baby's name, tweeting, "So proud to welcome our beautiful daughter Summer Rain Rutler into the world." Aguilera also has a 6-year-old son, Max, with ex-husband Jordan Bratman. Of course, the real news is that with the pregnancy no longer an issue, you can go back to criticizing her about her weight, you terrible, terrible people.



Talking points

Hey Biebs, no take-backs online

Justin Bieber still doesn't seem

to get that the Internet is forever. Continuing his habit of posting and then quickly deleting pics, Bieber uploaded an

Instagram snap of himself and on-again, off-again girlfriend Selena Gomez clearly on again, with Gomez in his arms, giving

him a kiss. The attached caption? "Right now everything else is a blur." Speaking of blurs, Biebs took



the pic down quickly, but not before it earned 216,553 likes — which, to be fair, is low for him.



Chris Pratt before he was all that

Chris Pratt recently posted a photo of himself from his days of being homeless in Hawaii, standing next to the Scooby Doo-emblazoned van he used to call home. "Can't believe I found this picture," the "Guardians of the Galaxy" star wrote on Facebook. "That is the van I lived in! In my hand is the script for the movie that got me out of Maui." Pratt told the Independent that he bummed around Maui, working at the Bubba Gump Shrimp Company before heading to L.A.

2 CULTURE

Twitter feed

We check in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Ben Stiller has no better way than Twitter for contacting strangers, Tom Daley knows what his fans want to see, Mark Duplass is looking for story ideas and Miley Cyrus is just being Miley.

@RedHourBen: To the young lady from Michigan at dinner... Do you still want that picture?

@TomDaley1994: My 2015 calendar is out now!

@MarkDuplass: Has anyone ever gotten on the wrong flight and didn't discover it until you landed? I feel like this has to happen. And what a moment!

@MileyCyrus: 5 foot bong almost complete. this one is a collab with my f—ing beyond kiewl fanz

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Head of the class

Interview. Michael Fassbender loved having his face obscured in "Frank."

As the titular character in "Frank," Michael Fassbender plays a reclusive, eccentric musician who can only deal with the world from within a large, cartoonish papier mache head. You'll just have to take him at his word that it's him under there the whole time, but we believe him. Oh, and did you know Fassbender's classmates used to make fun of him in school because of his last name? Because they did.

How do people know it's actually you under the head for the entire film?

They don't. [Laughs] Well, I mean, if you look closely at my hands and stuff you can see it's me. There was supposed to be a couple of scenes where a double would be used, because in terms of our scheduling it was overlapping with something else for me, but I ended up doing those as well. I ended up doing it all.



Yes, that's Michael Fassbender underneath a papier mache head in "Frank," out now. / MAGNOLIA PICTURES

What stands out most about performing underneath a giant papier mache head?

It was just a lot of fun. By putting the head on I definitely increased my sense of mischief and anarchy. Sometimes wearing the head and just standing there looking at another cast member, they're looking at me going, "What's he thinking? Is he asleep in there?" There's a lot to play with. And we found after a while that the audience starts to project emotions or opinions or what they think Frank is thinking onto the mask, so it becomes an interesting interaction between the audience and the mask.

There's this notion in the film of being envious of artists with terrible childhoods explored here. Did you experience any of that growing up?

Absolutely. I think definitely when I was at drama school I thought the torture and the pain is necessary to gain any quality — like somehow you had to put yourself through that in order to get an end result. I don't believe that anymore, but I do believe that you've got to put a lot of work in. I've seen plenty of talented people not work because they weren't really ready when the opportunity comes. With this kind of profession, opportunities

What's in a name?

Did you feel added pressure going into film because of your name?

Because of [director] Rainer Werner Fassbinder? There was obviously different connotations that could be made with my name when I was younger, so I've definitely been on the receiving end of some of those. I've gone through the various ways that my name can be shortened or rhymed as a kid, I'm used to it. Nothing is original anymore.

come about but maybe not so regularly.

You've been doing a wide range of film projects. Is that part of a plan or just opportunities that present themselves?

Really the latter. I try and do different things. I try not to repeat a character as much as I can. There are obviously limitations, and I start to repeat myself anyway, but to try to pick as diverse characters as possible and to keep [repeating] to a minimum if I can is something that I'm conscious about.



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The breakthrough: Alexander Ludwig

Introduction. Meet a former child actor who's now playing a football titan in "When the Game Stands Tall."

He had no history with football

"I grew up in Vancouver, Canada, so I basically played every sport but football. When I came to New Orleans to film this movie, I didn't know a thing about it; I basically learned it from scratch. I had to learn about it as quickly as possible. Now I'm in love with the sport."

Did he get good in real life?

"I think I could hold my own. Put me in front of the New England Patriots, though, and I wouldn't stand a chance."

Doing his own stunts

The facts

Alexander Ludwig

Where you've seen him: A child actor who was in "Race to Witch Mountain" and "The Seeker," he transitioned to older roles — after taking a break for college — with the villainous Cato in "The Hunger Games."

Where he is now: Playing a star high school quarterback with a monstrous father (Clancy Brown) in the football movie "When the Game Stands Tall."

Where he's going: He's reprising the role of Bjorn Ragnarsson on the next season of "Vikings," and he's second billed in the thriller "Final Girl," with Abigail Breslin.



ALEXANDER LUDWIG
WIREIMAGE



Alexander Ludwig is a football star in "When the Game Stands Tall," out Friday. / TRACY BENNETT

"I wanted to do as much as I could on the field, to make it look as real as possible. There were times when it was strenuous. You get your bruises here and there."

Shooting football every day

"Physically, this was the hardest movie I've ever done. We were in New Orleans shooting football every day. It was hot and exhausting. But then you go behind the camera and see what movie you're making, and you see how amazing it looks. This is going to be the best football anyone's seen in a film. Football is the star of this movie."

On having noted movie bad guy Clancy Brown play his scary dad

"He is one of the sweetest guys I've ever met, but he is terrifying when you're filming a scene with him. I love working with actors who get really physical and try to make it as real as possible. He had no problem doing that with me. We had a great bond that way."

It's all about the story

"It's great when you can do a movie and get a workout at the same time. But what drew me

to the project was the story. I'd never read anything like it. I did 'Lone Survivor,' which was really action-packed. But there, too, it wasn't that it was a physically demanding role. I don't want to do some cheesy thing because it has action. I want to care about the story."

Phasing out of younger roles

"With 'Vikings,' it's been great because I get to really show some range and dive into the character. That's what I live for."



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Before



After

"After 7 years, I can finally wear heels again" - C. Stephen

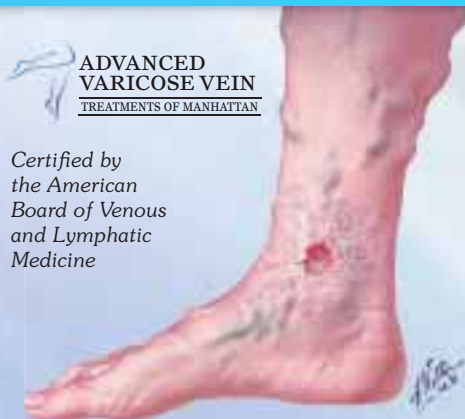
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BOOKS 22

TV watch list

DRAMA

'Pretty Little Liars'

World's least trustworthy older sister Melissa Hastings tells Spencer more about what happened the night of Ali's disappearance, but she's probably lying, right? She is very sneaky, after all. **8 P.M., ABC FAMILY**

GAME SHOW

'Idiotest'

Watching this game show is equal parts funny and frustrating, as contestants struggle to answer painfully simple questions under the pressure of time and sarcastic mocking from the host. **9 P.M., GSN**

COMEDY

'The Late Show with David Letterman'



Who ever really knows what Melissa Hastings is planning? / ABC FAMILY

Your celebrity boyfriend Joseph Gordon-Levitt sits down with Dave. It's OK to rewatch his lip-syncing performance from Jimmy Fallon's show to prepare yourself. **11:35 P.M., CBS**
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Cover

At first glance.

The psychology behind designing a cover goes deeper than you may think.

The next time you're casually perusing your local bookstore and a book catches your eye, chances are you can thank Peter Mendelsund. He's designed sleeves for everything from "Ulysses" to "The Girl with the Dragon Tattoo." Now, 300 of his top designs are showcased in his new book, "Cover."

Even if a book jacket seems decorative, Mendelsund says there's always something deeper there. "Part of it is that I

want to make something obscure enough so that on first viewing it doesn't necessarily speak to you, but the cover comes along with you," he explains. "There should ideally be some sort of moment when you're reading and you see the cover again and say, 'Oh, right!'"

In tandem with "Cover," Mendelsund is also releasing a second book, "What We See When We Read," about how readers visualize images as they read. When it came to designing the covers for his own books, Mendelsund says he had two totally different experiences.

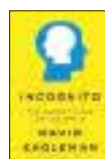
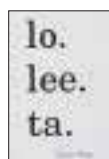
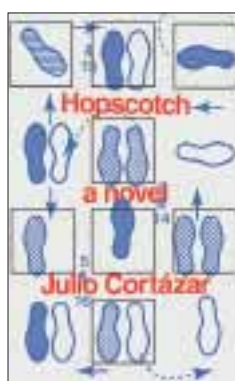
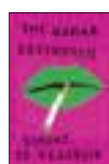
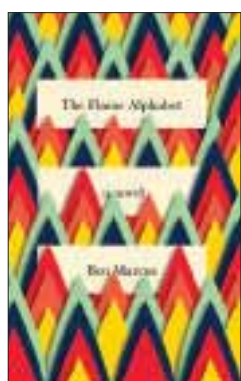
"The idea for 'Cover' came to me instantly and just worked," he says. "But for 'What We See When We Read' I could not come up with a cover for that forever and it was really a difficult, agonizing and grueling process."

Even as the book industry continues to change and e-books continue



PETER MENDELSUND IS
RELEASING TWO BOOKS,
"WHAT WE SEE WHEN
WE READ" AND "COVER."
GEORGE BAIER IV

'Don't judge a book by its cover' isn't a good phrase for Peter Mendelsund



Quoted: On race

"We tend to colonize books with what we're familiar with and make characters we can identify with, and we identify with those who are most similar to us. ... It may also have to do with what you're reading as well. We tend to read books that speak to our particular little daily wicks." Mendelsund

to be popular, Mendelsund isn't worried he'll be out of a job anytime soon. "I keep waiting for

e-books to affect my work, but it hasn't," he says. "That's been one of the wonderful and surprising

things: People still love reading physical books. I keep getting asked to make them."

Q&A

On 'What We See When We Read'

Have celebrities played a role in readers' visualizations?

In terms of movie adaptations, definitely. I think whenever an adaptation is made of a book, being able to see something in the ocular sense crowds out all the other [visual-

izations of characters] you might imagine until you forget, which sometimes takes years. Sometimes it never happens. I read "Harry Potter" with my kids, and there's no way I'm getting those [actors] out of my brain.



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- The Court certified a class of plaintiffs for monetary and other individual relief, such as restoration of in-system seniority (the "Class").
- You have a choice to either stay in the Class or not, but **you must decide this now**.
 - **Option 1:** You may choose to remain in the class and be represented by Class Counsel. You will be entitled to share in any settlement or recovery on behalf of the Class. You will be legally bound by all orders and judgments of the Court and will not be able to file a separate lawsuit for the same conduct alleged in this case.
 - **Option 2:** You can remain in the Class and hire your own counsel at your expense. At this time you are represented by the Class Counsel.
 - **Option 3:** You may ask to be excluded from the Class, in which case you will not be entitled to share in any settlement or recovery obtained on behalf of the Class, but you will have the right to file your own suit for monetary relief.
- To exclude yourself from the Class you must send a letter postmarked no later than September 15, 2014, with your (i) name, (ii) address, (iii) telephone number, (iv) signature, and (v) say you want to be excluded from Gulino v. BOE. Send the letter to Gulino v. Board of Education, PO Box 9000 #6543, Merrick, NY 11566-9000.
- If you choose to remain in the Class, **you must submit a claim form in order to be eligible for monetary and other individual relief**.
- To get a claim form or if you have questions about this case, you may contact The Garden City Group, Inc. at no charge to you:
 - Call: (844) 322-8233;
 - E-mail: questions@gulinolitigation.com;
 - Write: Gulino v. Board of Education, PO Box 9000 #6543, Merrick, NY 11566-9000; or
 - Website: www.gulinolitigation.com

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PLUS

Hospitality

On the high ground of this small, narrow island is a small school that also serves as a neighboring village. Once a week, guests at Yasawa Island Resort & Spa (www.yasawa.com) are invited to meet the children. First, your guide will present the chief or his representative with cava (a nutty local root with a mild sedative quality), which you may share in a ceremonial drink. During our visit, the children performed several enthusiastic songs.

Fiji. Island life here has changed little — and travelers are invited to enjoy the tranquility in a different way than you might expect.

Most native Fijians still live in villages, the kind led by chiefs, dotted by open-air homes and traipsed by roving bands of giggling children. And they welcome visitors.

The South Pacific nation of 322 islands (106 inhabited) — once infamous for cannibalizing vanquished warriors and uninformed missionaries — is now celebrated for its hospitality. When we visited, a man hauling freshly harvested sugarcane stopped us on a rural road and wanted to share a chunk of his harvest.

As happy as they are to have you, however, you can't just show up; certain customs apply. But your resort, hotel or hostel will have a relationship with area villages. Here are the three communities that we found quite welcoming.



Vuadomo is the smallest but most spectacular of the three villages — don't miss the hike to its secluded waterfall. / JANE BORDEN

Vuadomo, Vanua Levu near Pacific Harbor

Directions to this village, from what we gathered: After you pass the wild horses, take a left, drive through a shallow creek and then you'll see it



The villagers are eager to share their crops and catch with visitors. / JANE BORDEN

Getting there

- Fiji Airways offers direct flights to Nadi International Airport as well as domestic flights to most Fijian cities, including Savusavu just down the road from Koro Sun, and Suva near Nanuku.
- Island Hoppers puddle-jump to the Yasawa airstrip as well as Nanuku's private airstrip.
- Pacific Destinationz provides reliable ground transport on the two large islands.

nestled in the rainforest canopy. This was the most spectacular of the villages we visited as well as the smallest, with only 10 homes. The chief welcomed our guide, a staff member at Koro Sun Resort & Rainforest Spa (www.korosunresort.com), and this reporter into his home to accept our cava offering. Then we wandered past the worn lali (a drum used for announcements) and through the one-room church before hiking to a towering waterfall that gushes cool water into a swimming hole.

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Nakorovu, Viti Levu near the Coral Coast

When the van pulled up, children began shouting the name "Seru!" Seru, the activities director at Nanuku Resort & Spa Fiji (www.nanukufiji.com) and former trainer of the Fijian rugby team, is the son of Nakorovu's chief and grew up there. The gang ran alongside us down a muddy path to the banks of a creek, where a woman was catching prawns by hand with her daughter, which she does every day, to sell at a nearby market. (Nanuku can also lead a waterfall hike through Nakorovu.) As the van left the village, we were stopped again, this time by a man offering to crack fresh coconuts for us to drink. We happily obliged.

JANE BORDEN
@MetroBOS
letters@metro.us



Acer Chromebook 13

If you want to get your teen a computer but don't want to spend a fortune, consider the new Google Acer Chromebook 13. It has all the basic programs your child will need to do research and write term papers but only costs \$299. It's also light enough to tote to and from school with ease. \$299, GOOGLE.COM/CHROMEBOOK

Echo Smartpen

Taking notes has never been easier with this "smart pen" that transcribes hand-written notes to your computer while also recording audio. Were you scribbling notes too fast and missed what your teacher said? No problem. Just tap on that section of your notes with your pen and the audio clip will take you to the exact moment you wrote it. \$119.95, LIVESCRIBE.COM



KidFit Activity Tracker

It's never too early to get children interested in exercise. Kids can easily monitor their activity levels with X-Doria's KidFit Activity Tracker. The simplistic wristband programs customized activity targets for children between the ages of 5 and 13. Additionally, the downloadable app provides feedback and a results card to encourage kids to reach their exercise goals. It turns staying active into a fun game. \$49.99, SHOP.X-DORIA.COM

Back-to-school tech products

Give your kid a leg up in school with one of these new tech toys.

These days, part of back-to-school shopping is stuffing your child's backpack with the latest tech products in addition to fresh spiral notebooks and folders. These are the latest and greatest kid-friendly tech products out now.

JEREMY RODRIGUEZ
@metroneewyork
letters@metro.us



nabi DreamTab HD8 Tablet

With cool games, social networking sites and an app store, this is a perfect first tablet for kids. It also automatically shuts off at bedtime. \$269.99, SHOP.NABITABLET.COM

The best creative classes for kids

I cannot believe it's back to school in just a few weeks. Even moms with super young kids have learning on their minds. Many are asking me what the best classes for babies ages 4 months and up are, so I have curated a "LYSS" of some of my favorites for the wee ones of NYC.

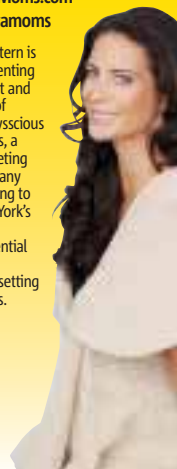
Lets begin with the famous Little Maestros Class. There is a long waiting list for a coveted student slot, so be sure to sign up fast for this interactive musical class. The Little Maestros will have your baby rocking and rolling. Kids ages 4 months old and up can gurgle, clap and shake along to Bach, The Beatles, jazz and rock. There is a live adult band at every class, complete with five vocalists, a drummer, a guitarist, a piano player and sometimes a saxophonist. With classes located all throughout NYC, you can have your choice of location. To sign up, go to www.littlemaestros.com.

DivaLysssciously Yours

LYSS STERN

DivaMoms.com
@divamoms

Lyss Stern is a parenting expert and CEO of DivaLysssciously Moms, a marketing company catering to New York's most influential and trendsetting moms.



For exclusive commentary, visit Metro.us/blogs.

littlemaestros.com.

Another favorite of mine is Free To Be Under Three, a class designed specifically for the growth and encouragement of children ages 6 to 32 months. The program is committed to language development and respect for the individual spirit of every child. Each class has plenty of hands-on learning and, of course, exploring and playing. Go to www.freetobeunderthree.com for more information.

Your baby wants to be on Broadway? Look no further: Applause offers a Broadway Babies class on the Upper East Side, where infants get to go gaga for show tunes. There's also a class that introduces rock 'n' roll to your young ones. It's never too early to expose your baby to music. Each class has a different show theme, making every week a surprise. To sign up for classes, visit www.applauseny.com.

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PARENTING 26

Dita Von Teese makes maternity wear sexy

Just because you're pregnant doesn't mean you can't indulge in a little satin and lace.

She might not have kids, but she knows a thing or two about feeling sexy. Actress, model and burlesque dancer Dita Von Teese is on a mission to help expectant women feel gorgeous throughout their pregnancies and the months after with her new Von Folies line for Destination Maternity.

Though the bras are definitely sexy, they still make breastfeeding easy. The postpartum shapers, too, are much sexier than Spanx and still help keep everything tucked in and comfortable.

The line is available now at Destination Maternity.com.



EMILY LAURENCE
@EmLaurence
emily.laurence@metro.us



Dita Von Teese's Von Folies line hits Destination Maternity stores Sept. 10. / ALL PHOTOS PROVIDED



Molded Cup Underwire Full Coverage Nursing Bra, \$55

The cotton and spandex give comfort while providing a little stretch.

Molded Cup Underwire Nursing Bra, \$49

Flaunt your décolletage while still keeping everything in place with this sultry style.



Single Postpartum Shaper, \$30

A tummy-tucker with ribbons and lace make it the prettiest one ever.

Postpartum Shaper With Sheer Panels, \$30

Show a hint of skin with these sexy skivvies.



Molded Cup Underwire Demi Nursing Bra, \$49

The cups of this bra pop out, making it easy to breastfeed.



Horoscope

♌ Leo | July 23-Aug. 22.

This is a particularly good time for collaborations or partnerships. You will get a helping hand from an unexpected source.

♍ Virgo | Aug. 23-Sept. 22.

Keep your personal life out of your workplace. If your domestic affairs are dominating your thoughts, your productivity will suffer.

♎ Libra | Sept. 23-Oct. 22.

Make a move toward greater independence. A business of your own, no matter how small in the beginning, will give you an outlet for creative talent.

♏ Scorpio | Oct. 23-Nov. 21.

Don't let your head rule your heart. Remember to share your feelings. The response you get will put you at ease.

♐ Sagittarius | Nov. 22-Dec. 21.

If you see someone treated unfairly, take a stand. You will gain respect and an invitation to work toward a worthy cause.

♑ Capricorn | Dec. 22-Jan. 20.

A business acquaintance will need a hand. The assistance you offer will be appreciated, but take time out to nurture your needs.

♒ Aquarius | Jan. 21-Feb. 18.

Attending an event will allow you to meet new people and form lasting friendships. A joint venture looks promising.

♓ Pisces | Feb. 19-March 20.

You may feel laden with responsibilities. Strive for balance between your work and personal duties. Find a calm place where you can relax.

♈ Aries | March 21-April 20.

You have a remarkable capacity for knowledge. Keep well-informed by participating in intellectually oriented groups.

♉ Taurus | April 21-May 21.

Don't be nonchalant about your achievements. Speak up. Self-promotion is necessary to let others know what you have to offer.

♊ Gemini | May 22-June 20.

It's best to deal with personal matters on your own. Don't let misunderstandings fester. Be the first to offer a compromise.

♋ Cancer | June 21-July 22.

You can get a lot accomplished if you tackle your tasks head-on. Find a quiet place. Collaborative efforts will not be in your best interest. **EUGENIA LAST**

Letters

Cops are not overreacting

Re: 'Police reaction is over the top' (Metro, Aug. 18) To letter writer Kevin Valentine: Is it a Constitutional right to loot and set fire to stores and businesses? The police brought out the riot gear after the protesters gave them reason to.

JOHN COSTA, VIA EMAIL

Get word out on suicide prevention

It's hard to think about Robin Williams without smiling. His energy, his intelligence and his humor were so profound, and his death brings a sadness equally as profound. Robin Williams battled

depression and substance abuse. Many others facing the same struggles succumb to the same outcome. Suicide is the leading cause of death for people with mental illness; some even refer to suicide as "death from mental illness." While we mourn his loss, we hope his story is not lost on the millions of other Americans who suffer in silence. We must look carefully at those around us, and inside ourselves, to see if there are warning signs. Most people who commit suicide don't want to die; they just want to stop the pain.

LAURIE MARTINELLI, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

	8						9	5
		1	2					4
			9			2	7	
		6		7		4	2	1
4				1				9
1	9	3		4		7		
	4	5			8			
6				5	8			
2	3						1	

9			2	1		4		
3	1		7	9			6	
		9	8	5	7		2	
6								3
	7		3	6	2	8		
	4			2	8		5	7
		3		7	6			2

How to play

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across

- 1 Musical ensemble
- 5 Objects to
- 10 Fiberglass bundle
- 14 Fermi split it
- 15 — box
- 16 Helm position
- 17 Allot
- 18 Luxury fur
- 19 Ariz. neighbor
- 20 Choir selections
- 22 Classy
- 24 Telepathy
- 25 Draws on
- 26 Most bland
- 30 Vishnu's associate
- 35 Umbrella spoke
- 36 Ex-coach Parseghian
- 37 Gauguin's prop
- 38 Hooded pullovers
- 41 Ad-libs (2 wds.)
- 43 Firm refusal
- 44 Rand of "Atlas Shrugged"
- 45 Famous numero
- 46 Paid homage
- 47 Monster's habitat (2 wds.)
- 50 Gardening need
- 53 Ms. Thurman
- 54 Yellow fruits
- 58 C-3PO and R2D2
- 62 "En garde" weapon
- 63 Slack off
- 66 Humdrum

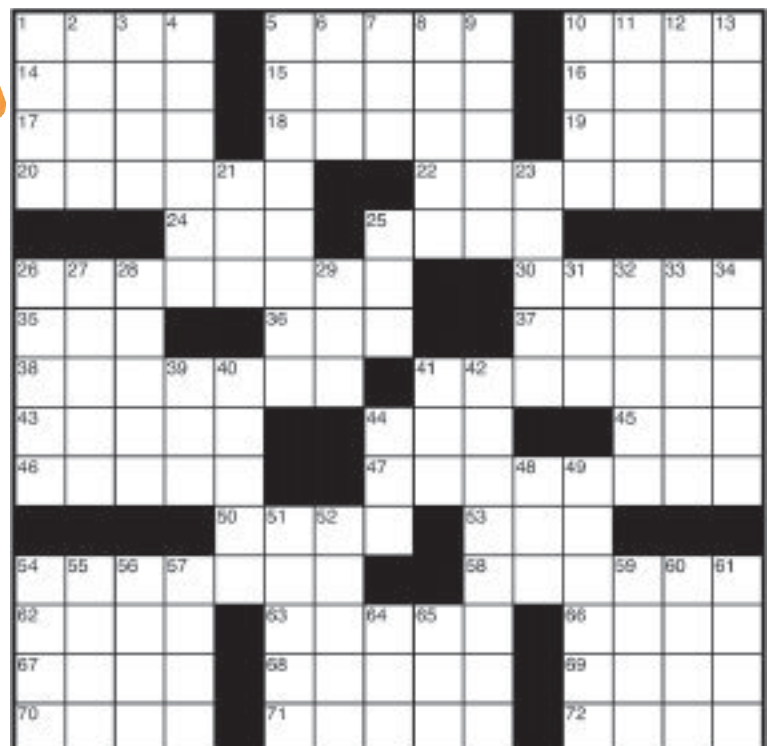
Down

- 67 Bandy words
- 68 Silent flyer
- 69 Corsica neighbor
- 70 Sarge's pooch
- 71 Parboil
- 72 100-meter event
- 1 Pack firmly
- 2 AAA suggestions
- 3 Whit
- 4 Diner fare
- 5 Be indiscreet
- 6 Ms. Lupino
- 7 Robin's beak
- 8 Bob and Liddy
- 9 Archaeology find
- 10 Big — theory
- 11 Mme. Gluck of opera
- 12 Freshman, usually
- 13 Manual
- 21 Denver hrs.
- 23 Ruhr Valley city
- 25 Actress — Hagen
- 26 Candid
- 27 Pharaoh's textile
- 28 Overhead
- 29 Jrs.' dads
- 31 Crone
- 32 Debate topic
- 33 Ore deposits

34 Low voices

- 39 CSA monogram
- 40 — -craftsy
- 41 Grand Teton st.
- 42 Racked up, as debt
- 44 Completely
- 48 RN employer
- 49 Apprehended
- 51 Singers Hall and —
- 52 Asimov of sci-fi
- 54 Tijuana coin
- 55 Client mtg.
- 56 Sphagnum moss
- 57 Prefix for "dynamic"
- 59 Clay pot
- 60 Soda-can openers
- 61 Jahan was one
- 64 Nicklaus' org.
- 65 Bracket type

Yesterday's answer



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SPORTS

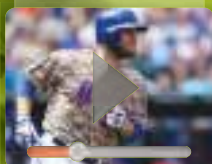
One down

Nadal pulls out of Open

Defending U.S. Open champion Rafael Nadal will not return to Queens to defend his title. Nadal announced Monday he has pulled out due to a right wrist injury which has caused him to miss the last two tournaments. The No. 2 ranked player in the world won his second U.S. Open title last year. He has won 14 majors overall, including the 2014 French Open.



Watch online



Find video and recap of yesterday's Mets-Cubs game at: Metro.us/sports.

Allen settling into new role as corner

NFL. Injuries to Dee Milliner, Dexter McDougle and Dimitri Patterson have the safety playing cornerback.

As the Jets stretched before another day of training camp last Tuesday, head coach Rex Ryan moseyed over to Antonio Allen. Allen had begun to settle in at safety in his third year in the league. But Ryan had other plans.

"He came over to me and said, 'Tonio you're running with the corners.' That was it, that's all he said," Allen said. "I didn't expect going to corner. I was expecting just playing safety. But I think it adds to my game. I'm being versatile; I'm athletic. I think I can play anywhere."

Position changes are nothing new to Allen.

He played linebacker in college at South Carolina, but after the Jets took him in the seventh round of the 2012 NFL draft, he was moved to safety. He was a little too lean to play linebacker on Sundays, so he moved to the secondary



Antonio Allen had settled into playing safety in the NFL, only to be switched to the outside at cornerback due to injuries. / GETTY IMAGES



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where his ability to cover ground and make big hits could be an asset.

Now with an injury crisis at cornerback, he's been moved to that position.

His background as a former linebacker is now helping his latest transition.

"It helps me a lot, I get to get physical with the

receiver," Allen said. "I do a good job of putting my hands on the receiver. Playing with your eyes, you're going to be in a good position. You have to play good technique, that's the most important."

KRISTIAN DYER
@KristianRDyer
sports@metro.us

Injury report



The list of walking wounded continued for the Jets on Monday as a number of starters and contributors spent time on the exercise bicycle and not on the field.

- Dee Milliner was out again for practice with what Ryan finally officially termed on Monday a "high ankle sprain." But he did not have a boot and walked around the field without crutches.

- Fellow cornerback Dimitri Patterson was limited on Monday with three injuries, but he seems to be progressing well according to Ryan.

- Rookie Jalen Saunders rode the exercise bicycle as well. He missed the preseason game at the Bengals after driving off the road heading into practice. He was released from the hospital Sunday morning after staying as a precaution. "We won't play him this week," Ryan said. "We'll see how he progresses this week."

NFL. Giants' Coughlin: 'We've got to basically work on everything'

The Giants have won every game this preseason, but that's no thanks to the starters on either side of the ball.

Head coach Tom Coughlin sounds like a man frustrated at the fact the starting offensive unit has looked liked a team in need of the extra exhibition game.

"We've got to basically work on everything," Coughlin said. "Offensively, it's been the same way since we started [the preseason]. There's been very few productive yards, whether it's from the run or pass. But that's been from our starters.

Quoted

"All of a sudden the preseason is flying by and we still have an awful lot to still accomplish. ... By and large, this isn't what we've expected of ourselves."

Tom Coughlin, head coach

I've been pleased for the most part with our subs making comebacks and producing in the second halves."

Quarterback Eli Manning leads a group of veterans who, like Cough-

lin, sense the urgency to get better. Manning, who has had his share of preseason woes, said he's looking forward to installing a game plan as if it's the regular season when they play the Jets on Friday (7:30 p.m.).

"I think that'll help. Hopefully it helps," said Manning. "But we still have to play better, no matter the game plan. It's still about the execution on the field and that's the most important thing. We all know we have to perform at a higher level and make some plays that are out there to make. ... We just all need to be more consistent." **TONY WILLIAMS**



Coughlin threatened he would play the first team in the final preseason game out of necessity. / GETTY IMAGES

Cubs 4, Mets 1

Mets lose series finale despite solid spot start

Carlos Torres took to the Citi Field mound with two hours' notice and delivered five innings of shutout baseball. The Mets offense wasn't so

helpful in a 4-1 loss.

The Mets scratched Bartolo Colon from the start as the Dominican righty flew to his home country to be with his ailing mother in the hospital. Torres, who was pitching on zero days' rest after a relief appearance Sunday, surrendered

just three hits and struck out six as he threw 86 pitches.

But the Mets' pitching went downhill as Dana Eveland entered in the sixth inning and allowed a leadoff double to Anthony Rizzo and a game-tying RBI single by Luis Valbuena.



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GETTY IMAGES

Rizzo put the Cubs on top for good with a home run in the eighth inning off Buddy Carlyle and Javier Baez plagued Jenry Mejia with a deep two-run homer in the ninth inning to quiet any thought of a comeback.

Kyle Hendricks (5-1) picked up the win for Chi-

cago with seven innings of one-run baseball.

Lucas Duda homered in the fourth inning for his team-leading 22nd of the season.

The Mets (59-67) travel to Oakland to begin a six-game road trip against the A's and Dodgers on Tuesday. **METRO**

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The U. S. Postal Service has scheduled a public meeting to be held on August 27, 2014 at the YMCA of Greater New York/Harlem – Jackie Robinson Youth Center, First Floor Gymnasium, 181 West 135th Street, New York, New York beginning at 6:00 pm. The Postal Service will present plans it is proposing for the relocation of the retail services from the College Station Post Office presently located at 217 West 140 Street, New York, New York to a yet to-be-determined new location.

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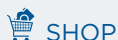


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